

URGENT FOOD AID FOR MRC DES COLLINES-DE-L'OUTAOUAIS CITIZENS DURING THE COVID-19 CRISIS



NEED HELP WITH FOOD ?

WHO IS THIS FOR ?

- ↪ All the citizens of the MRC des Collines-de-l'Outaouais who are in urgent need of food aid (job loss, loss of income, etc.).
- ↪ No proof of income or justification about your situation will be requested.

HOW DOES IT WORK ?

- ↪ You must call *Le Grenier des Collines*: 819-457-1010.
- ↪ All calls are returned within 24 hours.
- ↪ Possibility to pick up your food box or have it delivered at home. Both options are without physical contact.
- ↪ **IMPORTANT:** Do not go to any of the *Le Grenier des Collines* service points without an appointment.

HOW MUCH DOES IT COST? / WHAT WILL I RECEIVE ?

- ↪ It's FREE ! (Food and delivery).
- ↪ You will receive food for about two weeks, according to the number of people in your household.
- ↪ The food you will receive depends on donations from our suppliers. No choice is possible.

DO YOU WANT TO DONATE ?

- Money, paypal and check donations are accepted.
- By telephone: 819-457-1010 or by email: legrenierdescollines@bellnet.ca

DO YOU WANT TO VOLUNTEER?

- The main tasks to do include: deliveries, sorting of food, cleaning.
- You must be in good health.
- You must send your contact details and your availability to:
legrenierdescollines@bellnet.ca

LE GRENIER DES COLLINES

819-457-1010

legrenierdescollines@bellnet.ca