

## **Beware of ragweed!**

Ragweed is a widespread weedy herbaceous plant found throughout many regions of Québec. This annual plant grows from May to September and withers at the end of autumn. Its appearance changes throughout the season, with dentated leaves resembling carrot tops. For some people, ragweed pollen triggers allergic reactions such as hay fever and sometimes chronic sinusitis, asthma or conjunctivitis. In order to alleviate respiratory problems for those suffering from an allergy to this plant, ragweed must be pulled out, mowed or close-cropped before the pollen is released twice a year, in mid-July and mid-August.

